What are the common causes of VTE?

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HOW CAN I LEARN MORE?

Call (1-800-242-8721) or visit to learn more about heart disease and stroke.

Sign up for our monthly Heart Insight e-news for heart patients and their families at

Connect with others sharing similar journeys with heart disease and stroke by joining our Support Network at

Do you have questions for your doctor or nurse?

Take a few minutes to write your own questions for the next time you see your health care professional.

For example:

Am I at risk for VTE?

What changes can I make to prevent it?