



**Pain, tightness or pressure  
in the chest**

Never  Occasionally  Often  Always

**Lightheadedness or  
dizziness**

Never  Occasionally  Often  Always

**Shortness of breath**

Never  Occasionally  Often  Always

**Rapid, fluttering heartbeat**

Never  Occasionally  Often  Always

**Fainting**

Never  Occasionally  Often  Always

**Difficulty sleeping or  
sitting up**

Never  Occasionally  Often  Always

**Swollen ankles or feet**

Never  Occasionally  Often  Always

**Difficulty walking short  
distances**

Never  Occasionally  Often  Always

**Fatigue**

Never  Occasionally  Often  Always

